Canapés & Finger Food

The perfect way to start a casual or relaxed meal or to accompany wine and beverages.

Cold
- Mini Sandwiches
- Finger Wraps
- Smoked salmon and cream cheese rolls
- Cheese fingers
- Goats cheese and red onion bruschetta
- Cucumber with fish mousse
- Mini pancake with fresh salmon
- Salami skewers
- Mini potato cake with cream cheese and bacon

Hot
- Shelmalier pizza slices
- Chicken Goujons
- Fish Goujons
- Cocktail sausages
- Lamb rissoles
- Garlic mushrooms
- Mini vol au vents
- Spicy chicken wings
- Cajun chicken strips

Hot Buffet

Our hot buffet selection is delivered in hot Bain-maries that will keep food hot for approximately two hours. Vegetarian or Coeliac options are available or should you have any special requirements please do not hesitate to contact us. From €9 Per Person.

- Chicken a La Creme - Breast of Chicken sauteed with onions & mushrooms finished in a white wine & port sauce, served with rice and salad.
- Carvery Joint - beef, pork, lamb and turkey served with vegetables and potato.
- Beef Bourguignon - Sauteed beef finished with smokey bacon, shallots & mushrooms in a red wine sauce, served with rice and baked potato.
- Beef & Guinness Casserole - Braised steak pieces sautéed with onions, mushrooms and herbs, finished off in a casserole dish with Guinness.
- Fish of the Day - Baked fillet of Salmon, Cod or Seabass served with potato and vegetables.
- Oriental Curry - Beef or Chicken pieces in a mild curry sauce served with rice & salad.
- Chicken Casserole - Breast of Chicken finished with smokey bacon, mushrooms and onions casserole style.
- Cajun Chicken - Breast of Chicken marinated in Cajun spices pan fried and served on a bed of roasted vegetables with potato and tossed salad.
- Beef/Pork Stroganoff - Prime fillet of beef or pork flamed in brandy with onion and mushrooms finished in a cream wine sauce served with rice and salad.

Selection of salads

- Tossed Salad
  Selection of lettuce with cucumber, tomato, peppers and red onions.
- Tagliatelle Pasta
  With fresh basil pesto, cucumber & sundried tomato.
- Waldorf Salad
  Apples, celery and walnuts in a lemon mayonnaise dressing.
- Mixed Leaves
  with feta cheese & cherry tomatoes.
- Italian Pasta Salad
  Finished with tomatoes, sweetcorn, peppers, baked ham and a mayonnaise dressing.
- Celeriac Salad
  Grated carrot & celeriac finished with raisins and apple, tossed in a vinaigrette dressing.
- Noodle Salad
  Egg noodles tossed in olive oil with peppers, smokey bacon, sweetcorn and onion.
- Potato & Smokey Bacon
  With a honey and mustard dressing.
- Potato & Spring Onion Salad
- Coleslaw
Our Story

A Slice of Life was established in 1993, we have built up a fantastic reputation and a wealth of experience providing top quality food and a professional service to all of our customers. We have been at the centre of many main events including the All Ireland Drama Festival where we catered for all the cast and crew of each Drama Society.

Sweet Treats & Desserts

Fresh Fruit Pavlova (serves 8) - €25
Chocolate Roulade (serves 8) - €25
Banoffee Pie (12 portions) - €25
   Biscuit base smothered with caramel, bananas and finished with fresh cream & roasted almonds.
Fresh Cream Gateau (16 portions) - €25
   Strawberries and Pears layered with fresh cream in our light vanilla or chocolate sponge gateau.
Black Forest Gateau (16 portions) - €25
   Chocolate sponge layered with black cherries and fresh cream.
Lemon Drizzle Cake (8 inch) - €30
   Deliciously light Madeira infused with fresh lemon zest.
Fresh Fruit salad (10 portions) €30
Pear and Almond Tart (10 portions) €25
   Almond paste in a pastry case finished with pear slices & flaked almonds.
Chocolate Mousse Gateau (10 portions) €30
   Heavenly chocolate mousse layered between chocolate madeira sponge and finished with fresh cream and chocolate shavings.
Rocky Road (8 inch) - €40
   Light, crispy and with the added marshmallows our Rocky road cake is a big hit at special occasions.
Profiteroles (10 portions) - €25
   Mini choux pastry balls served with our chocolate and baileys sauce.
Cheesecakes (12 portions) - €30
   Strawberry, Lemon, Baileys or Toblerone.

For Thought

www.asliceoflife.ie
asliceoflife
0906 472 245 / 086 246 1986
Shelmalier House
Retreat Rd,
Cartrontry, Athlone,
Co. Westmeath